

**RESOLUTION NO. R-024- 072**

**THE BOARD OF COUNTY COMMISSIONERS  
OF THE COUNTY OF DOUGLAS, COLORADO**

**A RESOLUTION PROCLAIMING JULY 2024 AS  
PARKS AND RECREATION MONTH**

**WHEREAS**, parks and recreation is an integral part of communities throughout this country, including Douglas County, Colorado; and

**WHEREAS**, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks: and

**WHEREAS**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illness such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS**, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

**WHEREAS**, parks and recreation is a leading provider of healthy meals, nutrition services and education; and

**WHEREAS**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increase tourism, the attraction and retention of businesses, and crime reduction: and

**WHEREAS**, parks and recreation is essential and adaptable infrastructure that makes our community resilient in the face of natural disasters and climate change; and

**WHEREAS**, parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

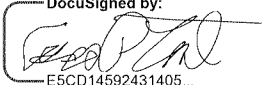
**WHEREAS**, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

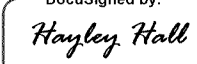
**WHEREAS**, Douglas County, Colorado recognizes the benefits derived from parks and recreation resources.

**BE IT RESOLVED**, by the **BOARD OF COUNTY COMMISSIONERS OF THE COUNTY OF DOUGLAS, STATE OF COLORADO**, hereby proclaim that July 2024 shall be commemorated as Parks and Recreation Month.

**PASSED AND ADOPTED** this 25<sup>th</sup> of June , in Castle Rock, Douglas County, Colorado.

**THE BOARD OF COUNTY COMMISSIONERS  
OF THE COUNTY OF DOUGLAS, COLORADO**

By:  DocuSigned by:  
George Teal, Chair

ATTEST:  DocuSigned by:  
Hayley Hall, Clerk to the Board

