

RESOLUTION NO. R-019- 108

THE BOARD OF COUNTY COMMISSIONERS  
OF THE COUNTY OF DOUGLAS, COLORADO

RESOLUTION PROCLAIMING OCTOBER 6 THROUGH OCTOBER 12, 2019 AS  
MENTAL ILLNESS AWARENESS WEEK.

**WHEREAS**, mental health is part of overall health; and

**WHEREAS**, one in five adults experiences a mental health problem in any given year;  
and

**WHEREAS**, approximately one-half of chronic mental illness begins by the age of 14  
and three-quarters by age 24; and

**WHEREAS**, suicide is the 10th leading cause of death in the United States and the 2nd  
leading cause among young adults, and 90% of people who die by suicide have an underlying  
mental illness; and

**WHEREAS**, long delays—sometimes decades—often occur between the time symptoms  
first appear and when individuals get help; and

**WHEREAS**, early identification and treatment can make a difference in successful  
management of mental illness and recovery; and

**WHEREAS**, it is important to maintain mental health and learn the symptoms of mental  
illness in order to get help when it is needed; and

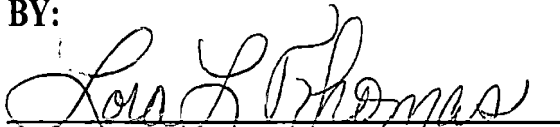
**WHEREAS**, every citizen and community can make a difference in helping end the  
silence and, now, therefore

**BE IT RESOLVED**, that the Board of County Commissioners of the County of Douglas,  
Colorado do hereby proclaim October 6 through October 12, 2019 as Mental Illness Awareness  
Week to shine a light on mental illness and fight stigma, provide support, educate the public and  
advocate for equal care.

**PASSED AND ADOPTED**, this 8th day of October, 2019, in Castle Rock, Douglas  
County, Colorado.

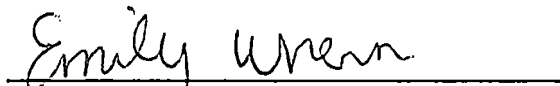
THE BOARD OF COUNTY COMMISSIONERS  
OF THE COUNTY OF DOUGLAS, COLORADO

BY:



~~ROGER A. PARTRIDGE~~, Chair  
Lora C. Thomas

ATTEST:



~~KRISTIN RANDLETT~~, Clerk to the Board  
Emily Wrenn

